



Gliss Open 2012

Annex 1 TECHNICAL DATA

Single Skating A class

CHICKS Girls and Boys (2003 and younger)

Free Program only: 2:00 minutes/ ± 10 sec.

1. Maximum of five (5) jump elements
 - at least one (1) Axel type jump
 - at least one (1) and maximum two (2) jump combinations or jump sequences
 - only one (1) jump combination may consist of three (3) jumps
2. Two (2) spins of different nature.
3. One Step sequence (straight line, circular or serpentine).

CUBS Girls and Boys (2001/2002)

Free Program: 2:30 minutes/ ± 10 sec.

1. Maximum of five (5) jump elements
 - at least one (1) Axel type jump
 - at least one (1) and maximum two (2) jump combinations or jump sequences
 - only one jump combination may consist of three (3) jumps
2. Two (2) spins of different nature
 - there must be one (1) spin combination (with one (1) change of foot and at least one (1) change of position; 3+3 revolutions)
 - one spin is optional (minimum of three (3) revolutions)
3. One Step sequence (straight line, circular or serpentine).

NB! Additional information

1. In all categories listed above the following three (3) components are judged in the second mark:
 - skating skills- transitions
 - performance, program composition, music interpretation
2. The level of spins and step sequences cannot be higher than 2.
3. Any jump with the same name may be repeated only twice including Axel type jumps.
4. Jump sequence may consist of any number of jumps, but only two (2) most difficult jumps will be counted.
5. Time violation - 0.5 point deduction for every 5 seconds in excess
6. Falls - 0.5 point deduction for every fall

Basic Novice A (ISU communication 1649)

Age requirements:

- **has reached at least the age of ten (10)**
- **has not reached the age of thirteen (13)**

before July 1st preceding the event

Free Skating 2:30 min, +/- 10 sec

a) Maximum of 4 jump elements for Girls and Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Triple jumps are not permitted.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total).

c) There must be a maximum:

(I) for Girls one (1) step sequence or one (1) spiral sequence consisting of max. two (2) spiral positions. The sequence (step or spiral) will have a fixed Base value and evaluated in GOE only.

(II) for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.

The Program Components are only judged in

-Skating Skills

-Performance/Execution

The Factor of the Program Components is 2.5.

Levels explanations:

For Basic Novice A Singles, in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Basic Novice B (ISU communication 1649)

Age requirements:

- has reached at least the age of ten (10)
- has not reached the age of thirteen (13)

before July 1st preceding the event

Free Skating: 3:00 min, +/- 10 sec

A well balanced Free Skating program for Singles B boys and girls must contain:

a) Maximum of 5 jump elements for Girls and 6 jump elements for Boys one of which must be an Axel type jump.

There may be up to two (2) jump combinations or sequences. A

jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.

Only two (2) jumps with two and a half (2 1/2) or more revolutions can be repeated either in a jump combination or in a jump sequence.

b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total) and one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions in total). **c)** There must be a maximum:

(I) for Girls one (1) step sequence or one (1) spiral sequence consisting of max. two

(2) spiral positions. The sequence (step or spiral) will have a fixed Base value

spiral positions. The sequence (step or spiral) will have a fixed Base value and evaluated in GOE only.

(II) for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.

The Program Components are only judged in

- Skating Skills
- Performance/Execution
- Interpretation

Advanced Novice - Girls and Boys

Age requirements:

- has reached at least the age of ten (10)
 - has not reached the age of fifteen (15)
- before July 1st preceding the event

Short program girls and boys max. 2:30

Free skating girls 3:00 +/- 10 sec

Free skating boys 3:30 +/- 10 sec

The **Short Program** for Boys' Singles shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Camel or sit spin (minimum of six (6) revolutions) with change of foot and no flying entrance
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One step sequences with full utilization of the ice surface (straight line, serpentine/ circular)

The **Short Program** for Girls' Singles shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Layback or sideways leaning spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One step sequence with full utilization of the ice surface (straight line/circular/ serpentine)

Boys and Girls

A well balanced **Free Skating program** for Singles must contain:

- a) Maximum 6 jump elements for Girls and 7 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only two (2) jumps with two and a half (2 1/2) revolutions or more can be

repeated either in a jump combination or in a jump sequence.

b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions) and one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions).

c) There must be a maximum of one (1) step sequence

Levels explanations:

For Advanced Novice Singles, in all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skill
- Transitions
- Performance/Execution
- Interpretation

The factor for the Program Components is

a) Short Program

- for boys 1.0.
- for girls 1.0

b) Free Skating

- for boys 1.7
- for girls 1.5

Junior Ladies/ Men

Senior Ladies/Men

ISU Special Regulations and Technical Rules for Single and Pair Skating

Single Skating Short Program - reg. nr.511

Single Skating Free Program - reg. nr. 512

Single Skating B class

CHICKS Girls and Boys (born 2003 and younger)

Free program: 2:00 minutes, ± 10 sec.

1. **Maximum four (4)** jump elements
 - maximum two (2) jump combinations or jump sequences
 - only one (1) jump combination may consist of three (3) jumps
 2. At least one (1) and maximum two (2) spins of different nature, each of them must be minimum of three (3) revolutions
 3. Step sequence (straight line, circular or serpentine).
- 1 Axel and double (2) jumps are not allowed

CUBS Girls and Boys (born 2001/2002)

Free program: 2:00 minutes, ± 10 sec.

1. **Maximum five (5)** jump elements
 - at least one (1) and maximum two (2) jump combinations or jump sequences
 - only one (1) jump combination may consist of three (3) jumps
 2. Minimum one (1) and maximum two (2) spins of different nature, each of them must be minimum of three (3) revolutions
 3. Step sequence (straight line, circular or serpentine).
- Only one (1) double jump is allowed and it may be repeated two (2) times.

SPRINGS Girls and Boys (1999/2000)

Free program: 2:30 minutes, ± 10 sec.

1. **Maximum five (5) jump** elements, one of which must be Axel type jump
 - at least one (1) and maximum two (2) jump combinations or jump sequences.
 - only one (1) jump combination may consist of three (3) jumps.
2. Three (3) spins of different nature minimum of four (4) revolutions.
3. Step sequence (straight line, circular or serpentine).

Maximum 2 (two) double jumps are allowed and they may be repeated two (2) times.

DEBS Girls and Boys (1997/1998)

Free program: 3:00 minutes, ± 10 sec.

1. **Maximum five (5) jump** elements
 - at least one (1) Axel type jump
 - at least one (1) and maximum two (2) jump combinations or jump sequences
 - only one (1) jump combination may consist of three (3) jumps

2. At least three (3) spins of different nature
 - one (1) spin combination min. of three (3) + three (3) revolutions- one flying spin min. of three (3) revolutions
 - one spin is optional with min. of three (3) revolutions
3. Step sequence (straight line, circular or serpentine).

2A and Triple jumps are not allowed

Additional Information:

Some changes to the evaluation of young categories

1. In all categories listed above the following three (3) components are judged in the second mark:
 - skating skills
 - transitions
 - performance, program composition, music interpretation
2. The level of spins and step sequences cannot be higher than 2.
3. Any jump with the same name may be repeated only twice including Axel type jumps.
4. Jump sequence may consist of any number of jumps, but only two (2) most difficult jumps will be counted.
5. Falls:

Chicks, Cubs	-0.25 point deduction for every fall
Springs, Debs	-0.5 point deduction for every fall
6. Time violation

-0.5 point deduction for every 5 seconds in excess
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NOVICE B

(has reached at least the age of ten (10), but has not reached the age of 15 before 1st July preceding the event)

Free Skating only: 3:00 minutes (±10 sec.)

- a) **Maximum 5 jump elements for girls and 6 jump elements for boys**, one of which must be Axel type jump
There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps.
A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Maximum 2 (two) double jumps are allowed and they may be repeated two (2) times.
- b) Maximum three (3) spins of different nature
one (1) spin combination (minimum of ten (10) revolutions in total)
one (1) flying spin (minimum of 5 revolutions)
one (1) spin is optional (minimum of 5 revolutions)
- c) There are must be
for girls: maximum one (**1**) **step or spiral sequence**, with maximum of two (2) spiral positions for spirals. Both step sequence and spiral sequence have fixed base value; judges evaluate the quality of the executed element.
for boys: maximum one (**1**) **step sequence**, which has fixed base value; judges evaluate the quality of the executed element.
2A and triple jumps are not allowed

Components:

- Skating skills
- Performance/execution
- Interpretation

The factor for the Program Components is

- For boys 2.0
- For girls 1.7

The level of spins and step sequences/ spiral sequences cannot be higher than

2. Extra features do not increase the level.

JUNIOR B

Free Skating only: 3:00 minutes (±10 sec.)

- a) **Maximum 5 jump elements**, one of which must be Axel type jump
There should be at least one (1) and may be up to two (2) jump combinations or sequences.
- b) There must be (3) spins of different nature
one (1) spin combination (minimum of ten (10) revolutions in total)
one (1) flying spin (minimum of 6 revolutions)
one (1) spin is optional (minimum of 6 revolutions)
- c) There must be
one **(1) step sequence**, which has fixed base value; judges evaluate the quality of the executed element.

Components:

- Skating skills
- Transitions
- Performance/execution
- Interpretation

The factor for the Program Components is

- For boys 1,7
- For girls 1.5

The level of spins and step sequences/ spiral sequences cannot be higher than

3. Extra features do not increase the level.

Single skating for amateur skaters

Pre-Young Girls and Boys (born 2001/2002 and younger)

Free program 2.00 minutes ± 10 sec.

1. **Maximum five (5) jump** elements
 - at least two (2) of them are solo jumps
 - at least one (1) and no more than three (3) are jump combinations or sequences
2. At least one (1) but not more than two (2) spins min. free (3) revolutions.
3. Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

Axel and double jumps are not allowed !

Pre-Young Girls and Boys (born 1999/2000)

Free program 2.00 minutes ± 10 sec.

1. **Maximum five (5) jump** elements
 - at least two (2) of them are solo jumps
 - at least one (1) and no more than three (3) are jump combinations or sequences
2. At least one (1) but not more than two (2) spins min. free (3) revolutions.
3. Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

Axel and double jumps are not allowed !

Young Girls and Boys (born 1996-1998)

Free program 2.30 minutes ± 10 sec.

1. **Maximum five (5) jump** elements
 - at least two (2) of them are solo jumps
 - at least one (1) and no more than three (3) are jump combinations or sequences
2. At least one (1) but not more than two (2) spins min. four (4) revolutions.
3. Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

Maximum one (1) Axel and one (1) double jump are allowed, which may be repeated only once in a jump combination/sequence !

Young adults Girls and Boys (born 1986-1995)

Free program max. 2:00 min

1. **Maximum four (4) jump** elements
 - at least two (2) of them are solo jumps
 - at least one (1) and no more than three (3) are jump combinations or sequences
2. At least one (1) but not more than two (2) spins min. free (3) revolutions.
3. Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

Axel and double jumps are not allowed !

Single skating for adult amateur skaters (born before 1986)

Masters Free Skating Duration The maximum time is 3 min. 10 sec., but may be less.

a) A maximum of seven (7) jump elements, one of which must be an Axel jump. Single, double and triple jumps are permitted.

A jump combination may consist of the same or another single, double or triple jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.

A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. **Please note that a halfloop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.)**

Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork.

b) A maximum of three (3) spins of a different abbreviation, **one of which must be a spin combination with a change of foot and one must be a flying spin.**

The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one choreo-step sequence (ChSt) or choreo-spiral sequence (ChSp.) To be confirmed, a spiral sequence must include at least two (2) spiral positions not less than three (3) seconds long each or only one (1) spiral position not less than six (6) seconds long.

Only the first executed attempt of a choreo-step sequence or choreo-spiral sequence will contribute to the technical score. Additional spiral sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.

The panels points for each Program Component are multiplied by a factor of 1.6

Gold Free Skating Duration The maximum time is 2 min 40 sec., but may be less.

a) A maximum of six (6) jump elements, consisting of any single or double jumps (including a single Axel) **except double Flip, double Lutz and double Axel. No triple jumps are permitted.**

A jump combination may consist of the same or another single or double jump with the exclusion of the jumps as above. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single and double jumps, excluding a double Flip, a double Lutz, a double Axel and all triple jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count.

Please note that a **half-loop** in combination with any other listed jump will result in a jump combination.

Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.

b) A maximum of three (3) spins of a different abbreviation, **one of which must be a spin combination with a change of foot and one must be a flying spin.** The spins must have a required minimum number of revolutions:

four (4) for the flying spin with no change of foot after landing,
four (4) for the spin with only one position and no change of foot and
four (4) for the spin combination with no change of foot and
eight (4+ 4) for the spin combination with change of foot or spin in one
position with a change of foot.

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one **choreo-step sequence** (i.e., circular, straight line, serpentine, etc) or **choreo-spiral sequence**. To be counted a spiral sequence must include at least two (2) spiral positions not less than three (3) seconds long each or only one (1) spiral position not less than six (6) seconds long. Only the first executed attempt of a choreo-step sequence or choreo-spiral sequence will contribute to the technical score. Additional spiral sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.

The panels points for each Program Component are multiplied by a factor of 1.6

Silver Free Skating Duration The maximum time is 2 min. 10 sec., but may be less.

a) A maximum of five (5) jump elements. **The single Axel or any other single Axel type jump and all other single jumps are permitted. No double jumps or triple jumps are permitted.**

A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.

A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Please note that a **half-loop** in combination with any other listed jump will result in a jump combination. **Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.**

Non-listed jumps may be included in the program as part of connecting footwork, preceding single jumps or an axel type jump.

b) A maximum of three (3) spins of different abbreviations, **one of which must be a spin combination.**

The spins must have a required minimum number of revolutions:

three (3) for the flying spin with no change of foot after landing,

three (3) for the spin with only one position and no change of foot and

four (4) for the spin combination with no change of foot and

eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one **choreo-step sequence** (i.e., circular, straight line, serpentine) or **choreo-spiral sequence** covering at least 50% of the usual pattern (e.g., half a serpentine, half of a straight line etc.) In the case of a **circular** step sequence a full circle is required covering 1/2 the ice surface. To be counted a spiral sequence must include at least two (2) spiral positions not less than three (3) seconds long each or only one (1) spiral position not less than six (6) seconds long. Only the first executed attempt of a choreo-step sequence or choreo-spiral sequence will contribute to the technical score. Additional spiral sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.

The panels points for each Program Component are multiplied by a factor of 1.6

Bronze Free Skating Duration The maximum time is 1 min. 40 sec., but may be less.

a) A maximum of four (4) jump elements. **Only single jumps are permitted**, no Axel type jump, no double or triple jumps can be included.

A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.

A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Please note that a half-loop in combination with any other listed jump will result in a jump combination.

Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork preceding single jumps.

b) A maximum of two (2) spins of a different abbreviation;

The spins must have a required minimum number of revolutions:

three (3) for the spin with only one position and no change of foot and

four (4) for the spin combination with no change of foot and

eight (4 + 4) for the spin combination with change of foot.

Flying spins are not permitted.

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one choreo-step sequence (i.e., circular, straight line, serpentine) or choreo-spiral sequence covering at least 50% of the usual pattern (e.g. half a serpentine, half of a straight line etc.). In case of a **circular** step sequence a full circle is required covering 1/2 the ice surface. To be counted a spiral sequence must include at least two (2) spiral positions not less than three (3) seconds long each or only one (1) spiral position not less than six (6) seconds long. Only the first executed attempt of a choreo-step sequence or choreo-spiral sequence will contribute to the technical score. Additional spiral sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.

The panels points for each Program Component are multiplied by a factor of 1.6